

Henna Hands



Some Christians have used henna designs based on the Bible to share the Gospel! This one to the right is an example. ▶



The photo below is an example of a South Asian henna design. ▼

Henna Hands Craft (10 to 15 minutes)
(This activity is especially suited for girls.)

Materials Needed: “Hand Pattern”, red and orange fine-tipped washable markers or pencils

Preparation: Photocopy “Hand Pattern” onto white card stock. Make one copy per child.

Instructions:

1. Show children the photograph of hands painted with henna (“Henna Hands”). Tell children that these designs were painted with a paste made from the henna plant. The paste is painted on the hands, left on overnight, and then washed off in the morning. When the paste is washed off, the design turns bright red. Women in India, Pakistan and Bangladesh often paint their hands with henna on special occasions.
2. Give each child a photocopy. Encourage her to create her own “henna” designs on the hands. As children work, pray aloud for the people of India, Pakistan and Bangladesh. Pray that they will discover how much God loves them and that they will believe in Jesus. Pray that they will hear the Gospel in a way that they can understand and respond to it.



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Hands
Hand Pattern

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